



The

TIMBERWOLVES HOWL



McCrosson-Tovell School Newsletter

Volume 6 February 2017

Our Little Architects In Action!



Dates to Remember



- February 1 to 3 —Scholastic Book Fair
- February 7— School Council Meeting 3:30pm
- February 8—Kindergarten Registration 1-3pm
- February 14—Valentine's Day with the community 2-3pm
- February 16—MADD Canada Assembly 1:45pm
- February 17—Outdoors Day at Kaynahchiwanung
- February 17—Report Cards sent home
- February 20—Family Day (no school)
- February 23—100th day of school activities
- February 27—Grade 8 Grad Photos at Riverview School

Character in Action - February

Honesty

We are truthful and sincere. We ensure consistency between what we say and what we do as well as between what we believe and how we behave.



Lunch Making Fun

Are your children coming home with uneaten lunches? Get them involved! Children involved in food preparation are more likely to eat it. Have them help you with planning and packing their lunches. Help them build healthy food habits by having fun healthy options a variety of fruits and veggies, whole grain crackers or muffins for them to choose from.

February Hot Lunch Menu



TUESDAYS	THURSDAYS
	2—Perogies & Fruit
7 —Spaghetti Bake & Veggies	9 —Pizza & Fruit
14—Ham Sub & Veggies	16—Chicken Noodle Soup, Bun & Fruit
21—Grilled Cheese & Veggies	23—Hamburger Macaroni Dish & Fruit
28—Pizza & Veggies	

Do One Thing- don't hibernate, get winteractive.

It's easy, it's fun and it's healthy for the whole family. Some easy ways to get off the sofa this winter:

- Pull on your boots and walk to work or school
- Try a toonie skate • Challenge the kids to a snowman contest
- Gather neighborhood parents and kids and play some road hockey • Play snowman tag
- Take a walk through the snowy park or the local trails
- Check out an indoor walking track or hall walking program
- Try a new activity like curling or skiing • Shovel the driveway
- Play snoccer (soccer in the snow)



Be Well Together



PARENT SEMINAR: ANXIETY

WHEN

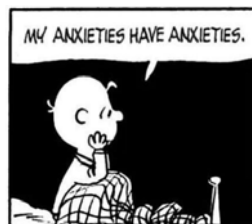
February 6, 2017

6:00-7:30pm

WHERE

Rainy River High School

1 Mill Ave, Rainy River



WHO

Parents, Caregivers, Family Members, Interested Community

Members

WHY

- Understand child and youth anxiety
- Learn strategies to help children and youth manage anxiety
- Connect with other parents
- Discover available supports and resources

PRESENTER

Sarah Irwin-Gardner, M.Ed. Counselling Psychology, (OCT, CCC)

Rainy River District School Board Mental Health Leader

* Please RSVP the school secretary if you are able to attend.

McCrosson-Tovell

Kindergarten Registration/ Open House



For the 2017/18 School Year

Wednesday, February 8, from 1:00 to 3:00 PM.

Parents/guardians and children are invited to visit the school, meet the teachers and register for the 2017-2018 school year.

To be eligible to register, students must meet the following requirements:

• Kindergarten Year 1

~ attain the age of 4 years before December 31/17

• Kindergarten Year 2

~ attain the age of 5 years before December 31/17

Please bring the following with you when you come to register:

- * Birth certificate or other legal proof of birth
- * Proof of residency (utility bill, driver's license)
- * Ontario Health Card* Immunization Record

NOTE: It is not necessary for current Kindergarten Year 1 students already attending school to register for Kindergarten Year 2.

If you know of someone who has children who meet the above requirements, please inform them of the registration date and encourage them to attend registration Open House.

Ontario's Kindergarten program is a play-based program. Learning through play is supported by research. When children are engaged in purposeful play, they are discovering, creating, improvising, and expanding their learning (CMEC Statement). You can read more about it at www.edu.gov.on.ca, or come in and see it in action!

GRADE 8 GRAD PHOTOS

Date: Monday, February 27th

Time: 9:00 AM

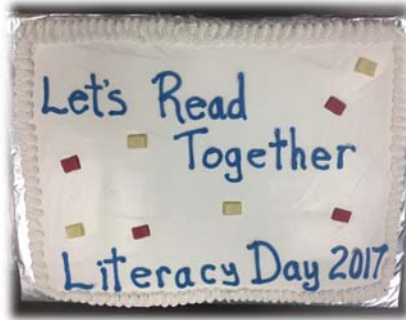
Where: Riverview School.

Parents are responsible for transportation to Riverview.



Family Literacy Day at Riverview

January 26, 2017



Sun Safety

Did you know that you can get a sunburn in the winter? When you are outside during the winter months, it is important to wear sunscreen with an SPF of at least 30. It's important to protect your eyes, too, with sunglasses or goggles that have 100% UV protection. Be sun safe all year round! Are you planning a winter vacation to a warmer climate? The sun's rays in tropical climates are much stronger than in Canada, which means you will burn faster. Also remember that the sun's rays can be reflected onto your skin from water and sand. For a safe and fun family vacation follow these tips:

- Use a broad spectrum sunscreen and lip balm with an SPF 30 or higher and reapply every two hours (more often if swimming or sweating);
- Wear sunglasses with 100% UV protection;
- Find or make your own shade, especially between 11:00 am and 4:00 pm;
- Stay hydrated by drinking plenty of water.



Scholastic Book Fair

February 1st to 3rd

Everyone welcome.



This publication is available in accessible formats upon request.

On Wednesday, January 18, the Grade 4-8 Class participated in a “Mystery Google Hangout” session with another class from Robert Moore Elementary School from Fort Frances. The students within the Grade 4-8 class were assigned different roles to perform throughout the session. Some of the roles included a Greeter, a Questioner, the Think Tank, the Recorder and the Runner. The students participated in different challenges through these roles such as “Guess the Location” and “Guess the Mystery Number”. During the challenges, each class initially muted their microphones and came up with a mystery location somewhere in the world and a mystery number between 1 and 10,000. The students in each class were to work together to ask strategic yes or no questions to be the one to guess the mystery location/number first. We had a blast!

We were the two pilot classes for RRDSB’s first ever “Mystery Google Hangout”. In the future, we will be participating in another “Mystery Google Hangout”; however, it will be with another class elsewhere in the world!



On Friday, January 20, the Grade 4-8 Class travelled to Riverview Elementary School in Rainy River to begin a joint novel study on the book *Fatty Legs* by Christy Jordan-Fenton and Margaret Pokiak-Fenton. The McCrosson Tovell Grade 4-8 students and the Riverview Grade 4/5 students spent the afternoon discussing the importance of family, culture and friends, as well as comparing and contrasting their present-day school life with the experiences of those who attended residential schools in the past. We are very excited for this novel study and are looking forward to our upcoming bi weekly “Google Hangout” book club discussion with Riverview!

